

### **Appendix 3: Additional Resources Specific to Children's Services**

**Booklist for Trans Teens**: A list of young adult literature featuring trans (including transgender, gender variant, two-spirit, genderqueer, aggressive and other gender non-conforming) characters or trans themes.

**Educate & Celebrate** LGBT+ Inclusive Lesson to help make schools, colleges, universities and organisations LGBT+ Friendly.

**Gender Intelligence** works predominantly with the transgender community and those who impact on transgender lives. They particularly specialise in supporting young transgender people aged 11-25. For Youth Groups in Hertfordshire - <http://genderedintelligence.co.uk/trans-youth/hertfordshire>

**YC Hertfordshire** page contains details of the 14 LGBT support groups within Hertfordshire where young people can meet other LGBT young people, get support, learn new things and have fun. For additional advice for young people, see also <http://www.youngprideinherts.org/infoadvice/> for information and advice for those who may be struggling with their sexuality and gender, in Hertfordshire.

**Transgender Friendly Young Children's Books** list of literature for children and young people

**Mermaids UK** Resources for young people and/or their parents

**Metro** Mental Health Counselling for Adults

**Metro - Youth** Support for young people including Trans Youth Support

This guidance document contains information (with permission) provided by Kent Council's *Social Care, Health and Wellbeing OP/PD; DC/LD/MH and Specialist Services - Supporting Transgender Users of Our Services 2017* Document.