

# What do other children who have had FGCs say?

*"My FGC helped my family understand things and what needed to change".*

*"My FGC was helpful. I felt heard at the meetings".*



Lauren has helped Eddie answer his questions about FGCs. If you still have questions you can write these down for your coordinator here:

Your name:

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Coordinator's name:

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Your questions:

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You can also find out more by visiting [www.hertfordshire.gov.uk/fgcs](http://www.hertfordshire.gov.uk/fgcs)

If you require this information in a different format please speak to your coordinator.

## FGC Project Accreditation

This service has met the requirements of the National Accreditation Framework



# Family Group Conference Service

## Information for children



This is Eddie.

His family have agreed to have a Family Group Conference (FGC).

Eddie is not sure what this means and has a lot of questions...

Children's Services  
0300 123 4043



## What is an FGC?

FGCs are meetings for people close to you and your family. They help families to talk about problems they are having and how they can make things better.

## Who goes to an FGC?

You and your family will be asked who should go. This may be other people in your family or friends who want to help. Your social worker will come too.

## Where and when can you have an FGC?

FGCs happen at a time and place that work for your family.

## Can I come to the FGC?

You may be invited to come along to all, or part of the meeting. Your coordinator will ask you if there is anything you would like to say. You can ask for someone else to say this for you if you don't want to. You can also choose snacks and drinks for everyone to share.

## This is Lauren



She is the FGC coordinator.

It is her job to tell Eddie and his family about the meeting. She can answer any questions Eddie or other children may have about FGCs.

## What happens at the meeting?

### Part 1

When everyone has arrived, your social worker will speak about why the FGC is happening. Your coordinator will make sure everyone stays calm and has a chance to speak and ask questions.

### Part 2

Your coordinator and social worker will leave the room to let your family talk. Together they will make a plan to make things better. They don't have to rush and they can take breaks.

### Part 3

When your family are ready, your coordinator and social worker will come back in. Everyone will look at the plan, talk about how they will make it work and agree it is what they want. Everyone will get a copy and your social worker will continue to support your family to see how the plan is working.