

## What do families and young people who have had FGCs say?

*"The FGC was helpful in getting us all together. The wellbeing of our children was put at the top of our priorities and there is a clear plan in place".*

*"It was useful to hear how my child really felt. Before they kept a lot of things to themselves".*

*"The FGC helped us all express our feelings. I felt that I was listened to. It is great to know I have support".*

*"After my FGC, my family seem to be on the same page. Everyone could get their view point across".*



## Any questions?

You can make a note of any questions you would like to ask your coordinator here:

Coordinator's name:

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Contact details:

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Your questions:

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You can also find out more by visiting [www.hertfordshire.gov.uk/fgcs](http://www.hertfordshire.gov.uk/fgcs)

If you require this information in an alternative format please speak to your coordinator.

### FGC Project Accreditation

This service has met the requirements of the National Accreditation Framework



## Family Group Conference Service



# FGC

Family Group Conference

**Empowering families to come together and plan ways to resolve the difficulties they are facing.**

Children's Services  
0300 123 4043



# What happens before the FGC?

Your family will be visited by an FGC coordinator who will talk about the FGC and how it can help. They will make sure you feel comfortable and prepared and can arrange for additional support if you need it.

Your coordinator will ask you who you would like to invite to the FGC. This may be your relatives or trusted friends. They will also ask you where and when you would like your FGC to take place.

Coordinators may ask young people if they would like to come to all, or part of the FGC. They will make sure the young person's wishes and feelings are shared.

# What happens at the FGC?

## 1. Information sharing

Following the introductions, the social worker will share information. Everyone will have an opportunity to speak and ask questions. The coordinator will make sure everyone stays calm.

## 2. Private family time

The coordinator and social worker will then leave the room to let your family talk. You can take as long as you need to come up with a plan and food and drink will be available.

## 3. Agreeing the plan

When your family has finished talking, the coordinator and social worker will come back in. Everyone will talk through the plan and the coordinator will write down any extra information. The FGC will then finish.

# What happens after the FGC?



Everyone who went to the FGC will receive a copy of the plan in the post. Your family can also ask to have another FGC, to see how the plan is working.

